

GRILL & HEALTH

STARTER

Health Marinated cucumber with relish, buttermilk **EUR 16** and English spelled muffin The vitamins contained in the cucumber have a lot to offer: the B vitamins strengthen hair, skin and nerves, vitamin C is good for the immune system and magnesium also supports the nerves and muscles in the body. In addition, phosphorus ensures strong bones and silicon ensures beautiful **EUR 16** Superfood salad with buckwheat, linseed, young spinach, grilled avocado and linseed oil The blueberry is a fruit which have lot of healthy aspects, for example the vitamin c, which is kind of "pillow" for the skin. The blueberry and the linseed oil strengthen the immune system. All in one is the superfood salad a vitamin bomb and gives you a good feeling for the whole day. **Grilled Atlantic Pulpo FUR 22** with pointed pepper, tomato-melon vinaigrette and feta cream **Tartar & bread Villa Rothschild** Soul **EUR 28** with roasted brioche, beef tatar, wild herbs with 15 g Prunier Caviar Selection and Frankfurt green sauce **EUR 39** Bodega Cota 45, UBE de uberrima, Manzanilla, Jerez/Spain 0,1 I EUR 9 Wine **FNTRÉF** Soul Oriental yellow lentil soup **EUR 16** with red shrimp, chutney made from colored tomatoes and coriander Wild mushroom essence **EUR 14** with meat strudel mushrooms and semolina dumplings

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MAIN COURSE

Health

Summer vegetables from the market "Villa Rothschild" EUR 24 with sweet potatoes and pumpkin vinaigrette

	Grilled wild salmon from Alaska "Villa Rothschild" with soya bean sprouts, curry spinach and dim sum The wild salmon includes a lot of Omega 3 fatty acids. The Omega 3 fatty acids are very healthy. People who often eats salmon reduce the risk for heart attacks or strokes	EUR 39
	Fillet of Loup de mer with fennel brandade, bouillabaisesud and ox heart tomato	EUR 36
Grill	Grilled Galician Corn Chicken Breast with sweet and sour onion, pop corn falafel and sautéed oyster mushrooms	EUR 28
Soul	Viennese Schnitzel, browned in clarified butter with lukewarm potato-cucumber salad and cranberries	EUR 29
DESSERT		
Health	Almond milk panna cotta –vegan- with marinated raspberries, coconut crumble and sorbet	EUR 12
Soul	"Rothschild 's Cheesecake" with marinated berries, elderflowersorbet	EUR 12
	Marinated peaches with rosemary, sour cream parfait and a cream cheese cream	EUR 12
	Selection of homemade ice cream and sorbets	EUR 3,50
	Cheese plate from Affineur Waltmann selected for Villa Rothschild with a variety of chutney, nuts and homemade apple bread	EUR 18/24

LAVA GRILL

Spinach with shallots

Grilled green asparagus

Pickled vegetables with basil and lime

Beef fillet from Butchery Glasstetter		180 g / 250 g	EUR 32/38
Sirloin steak of US Beef from Otto Gourmet		280 g	EUR 32
Rib Eye steak from Butchery Glasstetter		300 g	EUR 32
Galician corn chicken breast by Otto Gourmet		200 g	EUR 22
Grilled fillet of loup de mer		140 g	EUR 29
Wild salmon from Alaska		140 g	EUR 32
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SIDE DISHES			
Sides	Roasted wild broccoli		EUR 5
	Bramata polenta with parmesan and lime		EUR 5

Fried La Ratte potatoes with rosemary EUR 7

EUR 5

EUR 5

EUR 5

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Sweet potato fries Baked hash browns EUR 6,50

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Sauces	Sauce Béarnaise	EUR 3,50
	Whipped Cafe de Paris butter	EUR 3,50
	Homemade BBQ Sauce	EUR 3,50
	Shallot-pepper jus	EUR 3,50
	Perigord-Truffle mayonnaise	EUR 4,00

If you have an allergy to certain foods, please let us know, our trained staff will be happy to advise you.